







# NATIONAL ESSENTIAL MEDICINES LIST COMMITTEE BULLETIN

FOR THE MEETING HELD ON THE 16 OCTOBER 2025: MEETING OUTCOMES FOR STAKEHOLDER DISSEMINATION
Accessible on the following platform:

National Health Insurance (NHI) Webpage: <a href="https://www.health.gov.za/nhi-edp-comm/">https://www.health.gov.za/nhi-edp-comm/</a>

The following are the latest editions of the Standard Treatment Guidelines (STGs) and Essential Medicines List (EML)



STGs and EML 2024 8<sup>th</sup> Edition

**ADULT HOSPITAL LEVEL** 

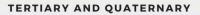


STGs and EML 2024 6<sup>th</sup> Edition

PAEDIATRIC HOSPITAL LEVEL



STGs and EML 2023 Edition updated May 2025





**EML October 2025 Edition** 

ESSENTIAL MEDICINES LIST SPREADSHEET



A list of all the medicines found in the STGs and is an automatic download from the EDP website

https://www.health.gov.za/wpntent/uploads/2025/10/Essential-Medicines-List V1.1-2-October-2025.xlsx

CLICK HERE



# ACCESS TO THE STANDARD TREATMENT GUIDELINES AND ESSENTIAL MEDICINES LIST

The following formats of the STGs and EML are accepted by the National Department of Health (NDoH):

- National Health Insurance (NHI) webpage (latest version of the STGs and EML): The STGs and EML can be accessed using the following link: <a href="https://www.health.gov.za/nhi-edp-stgs-eml/">https://www.health.gov.za/nhi-edp-stgs-eml/</a>. Refer to Annexure A for guidance on how to navigate the webpage and access the relevant documents.
- Knowledge Hub eLibrary on the link: https://knowledgehub.health.gov.za/e-library. All the STGs, EMLs and related technical documents from the 2020-2024 review period have been moved to the NHI webpage on the NDoH website. If there are any historic technical documents you may require, please email the Essential Drugs Programme (EDP) at SAEDP@health.gov.za.
- EMGuidance mobile application: To sign up, use the following link: <a href="http://onelink.to/sy896k">http://onelink.to/sy896k</a>. Please note there may be a delay before the updated documents published on the NHI webpage are uploaded onto the EMGuidance platform. During that process, a temporary link to the latest PDF version of each chapter will be inserted into the affected chapters on the EMGuidance platform. Once the upload is complete, the temporary link will be replaced with the new material and a footer indicating the version number.
- For webinar recordings aimed at strengthening implementation of the STGs and EML visit: <a href="https://knowledgehub.health.gov.za/webinars">https://knowledgehub.health.gov.za/webinars</a>
- EML Spreadsheet: Updated version now available Version 1.1. New: Antibiotic AWaRe categorisation and tab, as well as corrections to the old version 1.0.

### NATIONAL ESSENTIAL MEDICINES LIST COMMITTEE BULLETIN FOR THE MEETING HELD ON 16 OCTOBER 2025



## ACCESS TO THE NATIONAL DEPARTMENT OF HEALTH, ESSENTIAL DRUGS PROGRAMME CIRCULARS

Circulars developed are disseminated to stakeholders and uploaded on the EDP page on the NHI webpage. These circulars can be accessed on the following links:

NHI webpage: <a href="https://www.health.gov.za/nhi-edp-comm/">https://www.health.gov.za/nhi-edp-comm/</a> and <a href="https://www.health.gov.za/nhi-edp-stgs-eml/">https://www.health.gov.za/nhi-edp-stgs-eml/</a> (errata). The following circulars were disseminated for the period <a href="https://www.health.gov.za/nhi-edp-stgs-eml/">October 2025 – November 2025</a>:

- Notice 2025/11/10/EDP/01: Paracetamol Use During Pregnancy 10 November 2025
- **13/2025/CMU:** Stock Shortage Escalation Protocol − 06 November 2025
- Notice 2025/11/03/EDP1: Notice of Request for Comment on the STG for HIV Pre-Exposure Prophylaxis (PrEP) for PHC Level of Care 03 November 2025
- Notice AMD1410202501: Update on Insulin Availability 17 October 2025



Please email SAEDP (<u>SAEDP@health.gov.za</u>) if you would like to be added to the mailing list for EDP updates (circulars, chapter updates etc.)



# **EDP WHATSAPP COMMUNICATION CHANNEL**

For the latest updates to the EDP, join our WhatsApp channel below: <a href="https://chat.whatsapp.com/GEN6bH1rKYVKSJ1bz34Ne9">https://chat.whatsapp.com/GEN6bH1rKYVKSJ1bz34Ne9</a>

OR

Scan the QR code





# OTHER DOCUMENTS PUBLISHED SINCE THE LAST NEMLC BULLETIN

The Affordable Medicines Directorate's Conflict of Interest Policy has been updated and is published on the Essential Drugs Programme page, Governance and Policies tab on the STGs and EML page on the NHI webpage or can be found on the following link:

 $\underline{https://www.health.gov.za/wp-content/uploads/2025/10/Affordable-Medicines-Directorate-AMD-Conflict-of-Interest-Policy-Version-2-9-September-2025.pdf}$ 



## CONSOLIDATED ESSENTIAL MEDICINES LIST FOR ALL LEVELS OF CARE ACCESSIBLE ONLINE

The EML from the latest versions of the STGs and EML has been extracted into an Excel® spreadsheet. The extracted EML is not intended to replace the STGs but should only serve as a guide to which medicines are approved for use in the South African public health sector. For any guidance on how these medicines should be used, the relevant STGs and EML should be consulted. Please review the 'READ FIRST' tab for further information and disclaimers. This spreadsheet is available for download from the EDP webpage on the National Health Insurance webpage: <a href="https://www.health.gov.za/nhi-edp-stgs-eml/">https://www.health.gov.za/nhi-edp-stgs-eml/</a>

## **THERAPEUTIC INTERCHANGE DATABASE**

The Therapeutic Interchange (TI) database (2019/2020 edition) has been removed from the NDoH webpage as it is being updated to align with the medicine recommendations made during the 2020-2024 NEMLC review cycle. It will be uploaded once the updated version is available. For any interim queries on the TI database, kindly contact the EDP on the following email address: SAEDP@health.gov.za.

The TI Policy may still be accessed at the following link: <a href="https://www.health.gov.za/wp-content/uploads/2021/08/Therapeutic-Interchange-Policy July2021">https://www.health.gov.za/wp-content/uploads/2021/08/Therapeutic-Interchange-Policy July2021</a> final.pdf

## ACCESS TO OTHER EML RELATED PAGES - https://www.health.gov.za/nhi-hpp-amd/

The Master Health Product List (MHPL) which contains all pharmaceutical products currently awarded on national contracts can be accessed on the Pharmaceutical Tenders and Contracts page, on the following link: <a href="https://www.health.gov.za/nhi-hpp-amd/">https://www.health.gov.za/nhi-hpp-amd/</a>. The document also contains different tabs listing pharmaceutical products not awarded on national contracts and a list of items with Provincial Procurement on Quotations (PPQ). The MHPL is updated monthly.

Section 21 Medicines refer to unregistered medicines that can be accessed under specific circumstances by obtaining written authorisation from the South African Health Products Regulatory Authority (SAHPRA). SAHPRA may provide authority for the bulk sale and use of the unregistered medicine in accordance with the provisions of the Medicines and Related Substances Act 101 of 1965. The use of the unregistered medicine is considered only for emergency situations where the registered essential medicine is not available for an unmet medical need and there is no therapeutic alternative. The management of the Section 21 medicines procured in bulk in the public sector is undertaken by the Affordable Medicines Directorate, NDoH. The list of medicines currently procured through Section 21 Authorisations can be accessed on the Contract Management Unit (CMU) page, on the following link: <a href="https://www.health.gov.za/nhi-hpp-amd-cmu/">https://www.health.gov.za/nhi-hpp-amd-cmu/</a>

**Hot List** refers to a list of all essential medicines on contract where stock availability remains below 90% and where total orders exceed supplier stock on hand and available stock on hand by provinces is less than two months of forecasted demand. The list includes the root cause for the supply challenge and proposed remedial actions for each listed item. The current Hot List can be accessed on the CMU page, on the following link: <a href="https://www.health.gov.za/nhi-hpp-amd-cmu/">https://www.health.gov.za/nhi-hpp-amd-cmu/</a>

Kindly direct all queries, concerns or reports related to stock discrepancies, shortages or other stock related issues to the Department using the following e-mail address: <a href="mailto:stockalert@health.gov.za">stockalert@health.gov.za</a>, as detailed in Circular no. 13/2025/CMU: Stock Shortage Escalation Protocol circulated on 06 November 2025.



#### The following items were presented to NEMLC in October 2025 for ratification:

- The Guideline on Publications Emanating from Work Conducted by the NEMLC was ratified for publication, following final editing. The guideline will be published on the Essential Drugs Programme page, under the Governance and Policies tab on the STGs and EML page on the NHI webpage here: <a href="https://www.health.gov.za/nhi-edp-stgs-eml/">https://www.health.gov.za/nhi-edp-stgs-eml/</a>.
- NEMLC ratified the limited review for pegaspargase to be considered as an alternative to L-asparaginase (therapeutic class); with the most affordable option being procured and where there is price parity, pegasargase would be preferred. The review has been published on the EDP page, under the Hospital Level Tertiary and Quaternary tab on the STGs and EML page on the NHI webpage or can be found on the following link: <a href="https://www.health.gov.za/wp-content/uploads/2025/11/NEMLC-Limited-Review Pegaspargase-N-October-2025.pdf">https://www.health.gov.za/wp-content/uploads/2025/11/NEMLC-Limited-Review Pegaspargase-N-October-2025.pdf</a>.
- ➤ Following ratification of the evidence review and economic analysis on lenacapavir for HIV pre-exposure prophylaxis (PrEP), the PHC STG Section 11.11 HIV PrEP has been amended to incorporate lenacapavir as an option for PrEP. The Committee ratified the draft STG, NEMLC Report, evidence review and economic analysis for external comment. The documents are published on the Communication page of the EDP webpage on the Request for Comment tab: <a href="https://www.health.gov.za/nhi-edp-comm/">https://www.health.gov.za/nhi-edp-comm/</a>. It would be appreciated if comments can be received by 28 November 2025.
  - The Media Statement issued by the NDoH announcing the inclusion of lenacapavir on the EML as an option for PrEP is accessible here: <a href="https://www.health.gov.za/press-statement/">https://www.health.gov.za/press-statement/</a>
- The Third-Line Antiretroviral Therapy (TLART) Darunavir/Ritonavir (DRV/r) review was ratified for publication, following final editing. Once finalised the review will be published on the EDP page, under the ARV Drug Resistance Committee (ADReC) tab on the STGs and EML page on the NHI webpage here: <a href="https://www.health.gov.za/nhi-edp-stgs-eml/">https://www.health.gov.za/nhi-edp-stgs-eml/</a>.
- The NEMLC ratified noradrenaline as an alternative to adrenaline for **septic shock only**, in the event of a stock out of adrenaline.

# Topic Prioritisation for the 2025 – 2029 Review Cycle

The NEMLC adopts a systematic approach of topic prioritisation and selection of review topics to inform updates to the STGs and EML. Potential topics are identified through several routes. Stakeholders were invited to nominate topics to help inform topic prioritisation for the NEMLC cycle 2025 – 2029, refer to Notice 2024/12/12/EDP/01. Topics are organised within broad topic areas (e.g. Endocrine) for further scoping and prioritisation therein, as STG chapters are no longer reviewed end-to-end every cycle. Topic nomination for this cycle is now closed, and only urgent items will be considered for addition to the current work plan. There may be a call for external comment on certain chapters during the cycle to assist with topic prioritisation within a broad topic area, if required.

Several broad NEMLC topic areas were approved by NEMLC in June 2025 for further scoping and prioritisation (see the NEMLC Bulletin (4 September 2025) accessible at: <a href="https://www.health.gov.za/nhi-edp-comm/">https://www.health.gov.za/nhi-edp-comm/</a>). Scoping documents and prioritisation of specific topics were ratified by NEMLC in October 2025 for the following broad NEMLC Topic Areas: Endocrine, Oncology, Respiratory and Sexually Transmitted Infections (STIs). Technical work will now commence through the respective ERC Evidence Working Groups.

## In Memoriam

The Essential Drugs Programme, NEMLC and ERC is deeply saddened by the passing of our esteemed former Committee member, **Professor Emeritus Patrick Commerford** (1947 – 2025). Prof Commerford will be greatly missed by all who had the privilege of knowing and working with him. His remarkable contributions and enduring legacy will continue to inspire

On behalf of the entire EDP, NEMLC and ERC, we extend our heartfelt condolences to Prof Commerford's family, friends, colleagues, and the broader academic fraternity during this difficult time.

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# STANDARD TREATMENT GUIDELINES AND ESSENTIAL MEDICINES LIST



#### PRIMARY HEALTHCARE STANDARD TREATMENT GUIDELINES AND ESSENTIAL MEDICINES LIST

The consolidated Primary Healthcare (8<sup>th</sup> Edition, 2024) STGs and EML is available for download on the NHI webpage on the Primary Healthcare tab or on the following link: <a href="https://www.health.gov.za/wp-content/uploads/2025/07/Primary-Healthcare-Standard-Treatment-Guidelines-and-Essential-Medicines-List-8th-Edition-2024.pdf">https://www.health.gov.za/wp-content/uploads/2025/07/Primary-Healthcare-Standard-Treatment-Guidelines-and-Essential-Medicines-List-8th-Edition-2024.pdf</a>



## ADULT HOSPITAL LEVEL STANDARD TREATMENT GUIDELINES AND ESSENTIAL MEDICINES LIST

The consolidated Adult Hospital Level (6<sup>th</sup> Edition, 2024) STGs and EML, is available for download on the NHI webpage on the Hospital Level – Adults tab or on the following link: <a href="https://www.health.gov.za/wp-content/uploads/2025/07/Hospital-Level-Adults-Standard-Treatment-Guidelines-and-Essential-Medicines-List-6th-Edition-2024.pdf">https://www.health.gov.za/wp-content/uploads/2025/07/Hospital-Level-Adults-Standard-Treatment-Guidelines-and-Essential-Medicines-List-6th-Edition-2024.pdf</a>



#### PAEDIATRIC HOSPITAL LEVEL STANDARD TREATMENT GUIDELINES AND ESSENTIAL MEDICINES LIST

The completed Paediatric Hospital Level STGs and EML, 2023 edition, updated May 2025, is available for download on the NHI webpage on the Hospital Level – Paediatrics tab or on the following link: health.gov.za/wp-content/uploads/2025/06/Paediatric-STGs-and-EML-2023-Edition-Updated-May-2025.pdf

- Errata to the Paediatric STGs and EML 2023 edition have been published and can be accessed on: <a href="https://www.health.gov.za/nhi-edp-stgs-eml/">https://www.health.gov.za/nhi-edp-stgs-eml/</a>
  - o March 2025
  - o October 2024
  - o July 2024
  - o January 2024
  - o December 2023
- Presentations from the Paediatric Hospital Level STGs and EML 2023 edition webinar launch (held in September 2023) can be found on the Knowledge Hub Webinars tab at the following link: https://knowledgehub.health.gov.za/webinars.



## TERTIARY AND QUATERNARY HOSPITAL LEVEL ESSENTIAL MEDICINES LIST

The Tertiary and Quaternary Hospital Level EML, updated October 2025 is available for download on the NHI webpage on the following link: <a href="https://www.health.gov.za/wp-content/uploads/2025/11/Tertiary-and-Quaternary-EM-recommendations-October-2025.pdf">https://www.health.gov.za/wp-content/uploads/2025/11/Tertiary-and-Quaternary-EM-recommendations-October-2025.pdf</a>

Final reviews and supporting technical documents are published on the NHI webpage on the following link: <a href="https://www.health.gov.za/nhi-edp-stqs-eml/">https://www.health.gov.za/nhi-edp-stqs-eml/</a>

# WEBINAR SERIES FOR THE IMPLEMENTATION OF THE STGS AND EML

Take note of the advertisements shared *via* the Knowledge Hub mailing list, EDP stakeholder mailing list and through the NDoH Facebook page, for the series of webinars to be held showcasing the Health Technology Assessment (HTA) process applied to the review of the STGs and EML and the updated chapters, medicine reviews and costings that have been published as part of the 2020-2024 review cycle of the PHC and Adult Hospital Level STGs and EML.

Webinar presentations and recordings for the most recent series are available on the Knowledge Hub Webinars tab, on the following link: <a href="https://knowledgehub.health.gov.za/webinars">https://knowledgehub.health.gov.za/webinars</a>

Date	Webinar Title	Link
25 June 2024	Webinar 1: Health Technology Assessment	https://knowledgehub.health.gov.za/webinar/national-
		department-health-standard-treatment-guidelines-
		essential-medicines-list-session-1
16 July 2024	Webinar 2: Mental Health Conditions -	https://knowledgehub.health.gov.za/webinar/mental-
	updates to the STGs and EML	health-updates-ndoh-standard-treatment-guidelines-and-
		<u>essential-medicine-list</u>
30 July 2024	Webinar 3: Obstetrics and Gynaecology,	https://knowledgehub.health.gov.za/webinar/obstetrics-
	and Family Planning STGs and EML	and-gynaecology-and-family-planning-standard-treatment-
		guidelines-and-essential
13 August 2024	Webinar 4: Adult Critical Care –	https://knowledgehub.health.gov.za/webinar/adult-
	introduction to new STGs and EML	<u>critical-care-standard-treatment-guidelines-and-essential-</u>
		<u>medicines-list</u>
27 August 2024	Webinar 5: Infections STGs and EML, and	https://knowledgehub.health.gov.za/webinar/infections-
	Antimicrobial Resistance Surveillance	standard-treatment-guidelines-and-essential-medicines-
	Report	<u>list-and-antimicrobial</u>
17 September 2024	Webinar 6: Emergencies and Injuries and	https://knowledgehub.health.gov.za/webinar/emergencies
	Poisonings – Updates to the STGs and EML	-injuries-and-poisonings-standard-treatment-guidelines-
		and-essential-medicines
29 October 2024	Webinar 7: HIV and AIDS – Updates to the	https://knowledgehub.health.gov.za/webinar/hiv-and-
	STGs and EML	aids-standard-treatment-guidelines-and-essential-
		<u>medicines-list</u>
26 November 2024	Webinar 8: Blood and Blood Forming	https://knowledgehub.health.gov.za/webinar/blood-and-
	Organs, Haemophilia – Updates to STGs	blood-forming-organs-and-haemophilia-standard-
	and EML	<u>treatment-guidelines-and-essential</u>
11 February 2025	Webinar 9: Cardiovascular Conditions –	https://knowledgehub.health.gov.za/webinar/cardiovascul
	Updates to the STGs and EML	ar-conditions-standard-treatment-guidelines-and-
	,	<u>essential-medicines-list</u>
08 April 2025	Webinar 10: Rational Medicine Use -	https://knowledgehub.health.gov.za/webinar/rational-
	Updates to the STGs and EML	medicine-use-rmu
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Additional webinars to follow in 2026 Watch this space!

Annexure A: Guide on how to access the Standard Treatment Guidelines and Essential Medicines List and related technical documents on the NHI webpage (https://www.health.gov.za/nhi-edp-stgs-eml/)

