

# SEPTEMBER **AptEEKmaand**

**Beïnvloed hierdie uitdagings u geestesgesondheid?**

**Geestesgesondheidsprobleme kan behandel word**

## Vra u apteker vir raad



**Angs/Spanning**



**Verslawing**



**Mishandeling**



**Selfbesering**



**Depressie**



**health**

Department:  
Health  
REPUBLIC OF SOUTH AFRICA



**ICPA**  
INDEPENDENT COMMUNITY  
PHARMACY ASSOCIATION



Afrikaans