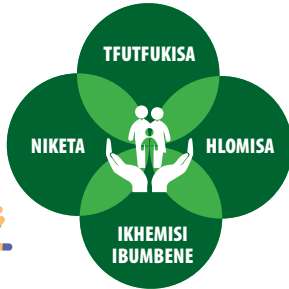


Inyanga Yekhemisi 2023

Ikhemisi Ibumbanele Kutfutukisa Kunakekelwa Kwemphilo Yalabagulako



TFUTUKISA

Imfundvo Yetemphilo



Khuluma nasokhemisi wakho ngekugeza kahle tandla njalonzalo.

Kugcina tandla takho tihlobile kungavimbela 1 ku 5 wemagciwane ekuphefumula.

NIKETA

Tfola Kunakekelwa Kwecuala Kwemphilo



Sokhemisi wakho angakuniketa tinsita tekunakekelwa kahle kwemphilo, ngemali lephasi. Sokhemisi wakho angahlola shukela engatini kanye nemfutfo wengati.

NIKETA

Kugonywa



Imijovo yekugoma iphephile futsi isebenta kuvikela tifo letinyenti. Khuluma nasokhemisi wakho ngemijovo yekugoma lengatfolwa nguwe nemndeni wakho kuze niphile kahle.

HLOMISA

Imibuto Ngemitsi



Buta sokhemisi wakho uma unemibuto ngemitsi loyisebentisako. Tjela sokhemisi wakho uma imitsi yakho inemitselela leseceleni.

HLOMISA

Kuphatfwa Kwemitsi Yemagciwane



Sibulala-magciwane selapha kuphela kungenwa yibhakthiriya. Ayiwabulali lamanye emagciwane lafana newemkhuhlane.

80%

Cishe 80% wemabulala-magciwane lasetjentiswa kubantfu ayaniketwa ekwelashweni kwecuala.*

#pharmacyunited

#knowyourpharmacist

#askyourpharmacist

#pharmacymonth2023

Imphilo Lephakeme Yabo Bonkhe

Kwati kabanti, buta sokhemisi wakho noma utsatse sikeni lapha



* http://www.scielo.org.za/scielo.php?script=sci_arttext&pid=S0256-95742015000500033



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